Mothers For Justice and Equality March 2020 Virtual Coaching, Trainings, Programs and Workshops

Who: Mothers for Justice and Equality

April 2020 Virtual Coaching, Programs, Workshops and Training.

What: Firstly, with the safety of our families, team, and communities as top priority, due to COVID-19, our office will remain closed through May 4, at which point we will assess re-opening. We encourage our families, students and the community to stay informed. We’re proud we can continue to provide unique opportunities and resources for our families, students and community members to engage and participate in elevating opportunities with us virtually.

More Info: To register or for resources, please contact our office at 617-516-8086. Office Time - 8:30 AM and 5 PM

Career Readiness Virtual Coaching and Training Workshop

Who: Mothers for Justice and Equality coaching and training services for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

What: Our Career Readiness goal is to see all of our dedicated clients in careers, in a paid internship, job and/or volunteering through community engagement. We will discuss career interests and personal goals. We will also discuss various ways to search for a career, job, paid internship and volunteer opportunities. In addition, we will show you how to write winning cover letters and outstanding resumes. Lessons on interviewing and networking on social media are also included. Participants will set up one-on-one job searching sessions where they will receive personalized mentoring support in finding the right career, internship and/or volunteer opportunity.

More Info: To register for virtual coaching and training, please contact our office at 617-516-8086. Office Time - 8:30 AM and 5 PM. Dates 4/6, 4/13 & 4/27/2020 @2:00

Department of Transitional Assistance (DTA) Workforce Readiness Program

Who: Mothers for Justice and Equality coaching and training services for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

What: Are you in between jobs? Trying to figure “things” out? Changing careers? Receive DTA assistance? Our Family Advocate Coordinators can help. We will help you reflect on your personal and professional values, interests and skills to identify what will make you successful and satisfied in your work. In addition, you will receive advice on how to navigate the job market, job training, and the education processes in your chosen industry.

More Info: To register, please contact our office at 617-516-8086. Office Time - 8:30 AM and 5 PM

Personal Care Attendant Training: Becoming a Person Care Attendant
Who: Mothers for Justice and Equality coaching and training service for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

What: Are you passionate about health and wellness and looking to give back to the community? Enroll in our PCA Training today! Get your foot in the door for a career in Healthcare. As a PCA, you will receive job search support, 50 hours of paid time off, and college tuition vouchers.

More Info: To register, please contact our office at 617-516-8086. Office Time - 8:30 AM and 5 PM Dates: 4/17 & 4/24/2020 @ 2:00pm

Young Parent Virtual Coaching and Training Workshop

Who: Mothers for Justice and Equality coaching, mentoring and training services for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

What: Register for our next Young Parents Series Ages 16 -25 years old. Parents will learn Goal Setting, Action Planning, Visioning, Financial Literacy, Career Coaching and more! Participants will receive a $25 gift card for every 5 workshops completed! Graduation and certificates upon completion!

More Info: To register, please contact our office at 617-516-8086. Office Time - 8:30 AM and 5 PM

MJE Youth Development Virtual Coaching and Training Program

Who: Mothers for Justice and Equality Youth Program will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

What: Students enrolled in our STEM program will learn about Science, Technology, Engineering, Math (STEM) and Service Learning. Students get to ignite their imagination through interactive activities and STEM challenges. The program is year-round! Sign up for our virtual workshops and Summer Program today!

When: To register, please contact our office at 617-516-8086. Office Time - 8:30 AM and 5 PM

Healing Through the Arts and Wellness Virtual Coaching Workshop

Who: Mothers for Justice and Equality coaching and training service for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

What: Join us for a workshop series for trauma survivors combining art, support groups, and trauma and resilience listening groups. This is a space for peers to share lived experiences and engage in trauma-informed healing. Topics center around self-care and self-compassion, understanding trauma responses, and creating artwork that encourages healing.

More Info: To register, please contact our office at 617-516-8086 -Time - 8:30 AM and 5 PM

You Matter Personal and Professional Development Virtual Training
**Who:** Mothers for Justice and Equality coaching and training service for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

**What:** You Matter’s 4-week curriculum inspires individuals to become change-makers in their homes and communities. Our program leaders educate community participants affected by violence and/or trauma. Participants will discover ways to increase self-care through self-awareness, self-efficacy, and self-advocacy. After completing the training, participants will be equipped with the leadership skills and resources necessary to take the next steps in becoming successful. Each participant will receive a certification upon completion.

**More Info:** To register, please contact our office at 617-516-8086 - Time - 8:30 AM and 5 PM

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**Volunteer, Outreach and Community Engagement Program**

**Who:** Mothers for Justice and Equality mentorships, coaching and training service for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

**What:** Are you interested in becoming an MJE Volunteer or Outreach member? Are you interested in Community Engagement? Would you like to play a meaningful role in your community? Our program will broaden the way our participants see their responsibilities in their community. The Community Engagement program inspires volunteers, advocates, facilitators, supporters, and collaborators to empower other community members.

**More Info:** To register, please contact or email Shanda Shorter sshorter@mothersforjusticeandequality.org 617-516-8086 - Time - 8:30 AM and 5 PM

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**Second Chance Program**

**Who:** Mothers for Justice and Equality mentoring, coaching and training service for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

**What:** Our **Second Chance Program** helps young adults 17–24 years of age who have been incarcerated, and or are at risk, to take back their lives by focusing on their core values and more. It’s an 8-week cohort designed to fit your needs including mentoring, Personal and Professional workshops, Financial Literacy workshops, Entrepreneurship Skills, and a Stipend.

**More Info:** To register, please contact or email - Genesis Bautista gbautista@mothersforjusticeandequality.org 617-516-8086 - Time - 8:30 AM and 5 PM

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**Money Matters Virtual Coaching and Training Workshop**

**Who:** Mothers for Justice and Equality coaching and training service for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

**What:** Join us for a discussion about managing our money during times of uncertainty. We will share best practices and learn new techniques.
More Info: To register today please contact or email Shanda Shorter, sshorter@mothersforjusticeandequality.org 617-516-8086 - Time - 8:30 AM and 5 PM Dates 4/9 & 4/16 & 4/21 & 4/30/2020 @ 2:00pm

Health and Wellness

Who: Mothers for Justice and Equality coaching and training service for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

What: MJE invites you to share lived experiences and engage in the trauma-informed healing Listening Sessions/Workshops. It’s not just what happened in the past, it's what happens every day as well. When you come together in gatherings, talking circles or storytelling, it helps people heal and rise up.

More Info: To register today please contact us at 617-516-8086 - Time - 8:30 AM and 5 PM Dates 4/8 & 4/15 & 4/22 & 4/29/2020 @ 2:00pm

Entrepreneurship Workshop Virtual Coaching and Training

Who: Mothers for Justice and Equality coaching and training service for families will continue uninterrupted, thanks to our increased virtual coaching and training capabilities.

What: Entrepreneurship Workshop is designed to drive participants to creativity, initiative-taking, and leadership, and enhance their entrepreneurial skills and generate business ideas. We will kick-start our series of workshops by helping you to answer the following questions: What kind of entrepreneur do you want to be? Do you prefer to work alone or in a team? We talk about passion and why it is important and how to define your passion.

More Info: To register today, please contact our office at 617-516-8086 - Time - 8:30 AM and 5 PM.

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