



UU Urban Ministry  
at First Church in Roxbury  
10 Putnam Street  
Roxbury, MA 02119  
[www.uuum.org](http://www.uuum.org)

# Domestic Violence Training

*This fall, Renewal House will be offering a 25-Hour training series for all domestic violence professionals and interested community members*

## Session Dates and Topics

*All sessions are held 5:30-7:30 pm unless otherwise noted*

**SESSION 1:** INTRO AND HISTORY OF THE MOVEMENT, 10/1

**SESSION 2:** DV 101, 10/3 5:30-8:30PM

**SESSION 3:** ADVOCACY 101, 10/10

**SESSION 4:** SKILLS BUILDING FOR WORKING IN SHELTER, 10/15

**SESSION 5:** LGBTQ SURVIVORS, 10/17

**SESSION 6:** SELF CARE AND VICARIOUS TRAUMA, 10/22

**SESSION 7:** RELIGION AND DOMESTIC VIOLENCE PANEL, 10/24

**SESSION 8:** CHILDREN AND DV, 10/29

**SESSION 9:** BYSTANDER INTERVENTION, 11/5

**SESSION 10:** IMMIGRATION PANEL, 11/7

**SESSION 11:** POLITICAL ADVOCACY, 11/13

**SESSION 12:** TECH SAFETY, 11/14

FEE FOR ALL SESSIONS: \$200 | FEE PER SESSION: \$20 | SLIDING SCALE AVAILABLE

TO REGISTER, PLEASE USE THIS FORM: <https://goo.gl/forms/m9Zbg8WVD7NxnVZ73>.

QUESTIONS? CONTACT ANNA BORROZ AT [ABORROZ@UUUM.ORG](mailto:ABORROZ@UUUM.ORG) OR NICOLE CASTILLO AT 617-318-6010, EXT. 219

SEE BELOW FOR MORE DETAILS AND INDIVIDUAL SESSION DESCRIPTIONS

### **UU Urban Ministry Domestic Violence Training:**

This comprehensive 25-hour training covers a range of topics related to abuse and domestic violence, as well as working with survivors. This training series is designed for a broad range of professionals- not just Domestic Violence Advocates and other direct service staff. This training series is designed to be beneficial for activists, advocates, service providers, social workers, community members, and all those interested in learning more about supporting and working with survivors of intimate partner violence. *Some sessions will be more relevant than others depending on your professional or community role, though all are welcome at every session. Please see individual session descriptions for details.*

In an effort to reduce our paper consumption, each participant will be given access to a shared Google Drive where resources, reading lists, and contact information from each session will be available.

### **Fee Information:**

\$200 to attend all 12 sessions, or \$20 per individual session. Please bring cash or check to the first session you attend. Make checks payable to Unitarian Universalist Urban Ministry.

To pay online, please follow this link: [http://bit.ly/UUUM\\_TrainingPayment](http://bit.ly/UUUM_TrainingPayment).

A sliding scale is available for students and those with financial hardship. Please contact Anna Borroz at [aborroz@uum.org](mailto:aborroz@uum.org) for more information.

### **Session 1: Intro to the UUUM and History of the Movement, 10/1 5:30-7:30pm**

During the first session, participants will learn about the history of the UUUM and the programs and services we offer. Participants will also learn about the history of the domestic violence movement in the US and New England, and how the movement has changed over time. This training is designed for both professionals and community members.

### **Session 2: DV 101, 10/3 5:30-8:30pm**

**\*Highly recommended for all participants.** This training will cover a range of topics, such as: the definition of partner abuse, types of abuse, the cycle of abuse, reasons survivors stay, how to respond if someone discloses abuse, and an introduction to domestic violence resources in Massachusetts. We will also discuss confidentiality and safety, as well as the specific ways domestic violence affects marginalized communities. This training is designed for both professionals and community members.

### **Session 3: Advocacy 101, 10/10 5:30-7:30pm**

Participants will learn how to support survivors in healing and accomplishing their goals. We will discuss the role of an advocate, and how advocacy differs from clinical work. Attendees will learn how to set boundaries with clients, create goals and expectations, and uphold confidentiality. Specific focus will be given to team approaches to advocacy, as well as trauma informed approaches. This session is designed for shelter staff and advocates.

### **Session 4: Skills Building for Working in Shelter, 10/15 5:30-7:30pm**

This session will cover hotline skills, safety planning, crisis response, creating healthy power dynamics between shelter residents and staff, and maintaining boundaries and confidentiality. Specific emphasis will be given to the wellbeing-focused shelter model, as well as trauma-informed practices in shelter. This session is designed for shelter staff and advocates.

### **Session 4: Barriers to Support: LGBTQ and other marginalized survivors, 10/17 5:30-7:30**

Attendees will learn about the specific barriers to support LGBTQ survivors of domestic violence face, as well as how to better support these communities. Facilitators will discuss LGBTQ terms and definitions, debunk harmful myths about partner abuse

in LGBTQ communities, and will explain how advocates and counselors differ in their methods of supporting these survivors. This training is designed for both professionals and community members. Participants will walk away with a greater understanding of how to support LGBTQ community members who are experiencing domestic violence.

### **Session 6: Self Care and Vicarious Trauma, 10/22 5:30-7:30pm**

In this session, attendees will learn strategies to care for themselves while supporting survivors of domestic violence. We will define trauma and vicarious trauma, outline the effects of trauma on the brain, and practice self-care techniques. This training is designed for both professionals and community members.

### **Session 7: Religion, Faith, and Domestic Violence Panel, 10/24 5:30-7:30pm**

A multi-faith panel of religious leaders will lead this session to talk about the intersections of trauma and spirituality, what a healthy faith community response looks like, faith as a source of strength and healing, and using faith as a tactic of abuse. Each panelist will also discuss the work their organization does and resources they offer for advocates and survivors. This training is designed for both professionals and community members.

### **Session 8: Children and DV, 10/29 5:30-7:30pm**

This session will give participants the opportunity to learn about the specific and unique ways trauma affects a child's developing brain, the ways children respond to and express trauma, as well as area resources. This training is designed for both professionals and community members.

### **Session 9: Bystander Intervention for Nonprofessionals, 11/5 5:30-7:30pm**

This session will cover safe and effective ways to respond if you witness or suspect violence or abuse in your neighborhood, apartment building, school, or other public space. This training is designed for both professionals and community members.

### **Session 10: Immigration Panel, 11/7 5:30-7:30pm**

In this session, a panel of immigration experts will discuss the barriers that immigrants experiencing domestic violence face, as well as the resources available to them. This training is designed for both professionals and community members.

### **Session 11: Beyond Shelter: Political Advocacy, 11/12 5:30-7:30pm**

Join us in this session to learn about the important work being done on the local, state, and national level to create survivor-centered legislation and repeal laws that create barriers for survivors of domestic violence. This training is designed for both professionals and community members.

### **Session 12: Tech Safety, 11/14 5:30-7:30pm**

This session will cover how abusers use social media as a method of control and power, as well as how survivors can protect themselves in the digital age. This training is designed for both professionals and community members.